

Positive Alternatives 2014 - 15 Quarterly Update

Grantee: NORTH SIDE LIFE CARE CENTER

Goal: To provide quality prenatal care to women who may otherwise experience barriers to access, and to offer support services both before and after birth

For the period: April – June 2015

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Case Management Services	Enroll clients in educational incentive program and set goals; meet with clients at least monthly	80	We meet with clients twice a month. They are motivated to learn and reach their goals.	174
Crib Distribution/ Sleep Safety Education	Provide safe sleep information to all clinic patients and to educational incentive program clients who select it; provide crib/Pack n Play to incentive program clients who earn one	8	A single mom, expecting her 4 th child, can barely make ends meet and was thrilled to get a pack & play.	23
Education Assistance	Enroll client in educational incentive program; set ESL, GED or other educational goal; meet with clients to assess progress and meet goals	5	Very few clients are interested in restarting their education.	3
Employment Assistance	Enroll client in educational incentive program; set employment goals such as working on resume or applying for job; meet with clients to assess progress and meet goals	6	More of our clients are finding employment. As their hours increased some have had to stop Small Steps.	6
Life-Skills Education Program	Enroll client educational incentive program; meet with clients to complete assignments and assess progress; clients work on life skills	25	We have very personal and good discussions on chastity. Many clients have regretted their earlier decisions and want to raise their children with a “chaste direction”.	46

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Mental Health	Provide prenatal patients with mental health assessment at their second OB visit, at 26 weeks and at 36 weeks; refer patients needing additional mental health counseling	25	Provide depression screens 3 times during pregnancy.	41
Nutrition	Provide prenatal vitamins to eligible clients who need them	50	All positive test clients are given vitamins. Also prenatal patients as needed.	36
Parenting Education	Enroll client in educational incentive program; set goals; provide parenting education; Meet individually with client to complete assignments and assess progress	60	The majority of clients do the parenting lessons and complete their homework. They show significant interest in newborn care.	185
Prenatal medical care	Nurse midwives provide prenatal care and center staff provides support services to patients	25	Patients report they receive excellent care from the midwives and come for repeat pregnancies.	21
Provide Necessary Services Assessments Only	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services	50	All new clients receive necessary services.	118

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	12
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	10
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	2
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	26

Challenges: No show clients are a perennial challenge. We have seen an increase in clients struggling in domestic abuse situations, and with other major difficulties. We are now even working with a prenatal patient who is incarcerated.

Comments: